

## SYMPTOMS SURVEY

**Your Information will be held in complete confidence! It is of utmost importance to us that you feel comfortable working with us.**

**Please mark whatever is bothering you and indicate whether it is a current condition (C) or in the past (P).** Your symptoms are guidelines for your awareness of your body's process of change. We do not address symptoms directly and we do not diagnose or treat physical conditions. What we can do is help you balance your bioenergy field and stimulate your body's natural ability to heal itself.

Name \_\_\_\_\_ Age \_\_\_\_\_ Date \_\_\_\_\_

Occupation \_\_\_\_\_ Phone (home/cell) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ DOB \_\_\_\_\_ Referred by \_\_\_\_\_

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### GENERAL CONDITION

tired, low energy  
chronic fatigue  
muscular weakness  
neurological difficulty  
loss of balance  
dizziness/fainting  
fuzzy brain, forgetful  
numbness limbs/face  
dropping things  
muscle twitching, tremor  
cramps, spasms, legs/back  
can't sleep, light sleeper  
wake up afraid  
nightmares/night terrors  
sleep too much  
hard to wake up  
headaches, migraines  
cold hands, feet  
swelling in face, arms, legs, ankles  
swollen glands  
chronic fever, chronic virus  
overweight, underweight

### JOINTS, BONES, TENDONS

spinal misalignment  
can't hold adjustments  
TMJ misalignment, jaw tension  
joint pain, aching, stiffness  
arthritis, inflammatory/osteo  
tendonitis, bursitis  
tendons too flexible, not repairing  
osteoporosis, threats of fracture

### ALLERGIES

taking shots now \_\_\_\_\_ past \_\_\_\_\_  
known allergies \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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### RESPIRATORY SYSTEM

chronic cough  
sinus congestion  
stuffy nose  
sneezing fits  
frequent colds, bronchitis  
allergy  
asthma  
emphysema

### DIGESTIVE SYSTEM

cramps in throat  
dry mouth, lacking saliva  
gas - after a meal or later  
nausea  
ulcer, pre-ulcer  
heartburn, indigestion  
constant thirst  
diagnosed pancreas problems

diagnosed gall bladder problems  
diagnosed liver problems  
anorexia  
bulimia  
colitis, cramps in intestine  
diverticula  
parasites  
candida or other fungus  
constipation  
diarrhea

### **EATING HABITS**

eating more than you want  
eating when not hungry  
getting up at night to eat  
never hungry, no appetite  
shaky before meals  
sleepy after meals  
cravings for sugar, bread, pasta  
other cravings\_\_\_\_\_

cholesterol-free/fat-free diet  
vegetarian  
mostly organic food  
mostly regular “commercial” food  
cola drinks, diet Pepsi  
tea, coffee, wine, beer, liquor  
water-filtered, tap, bottled

### **URINARY TRACT**

kidney pain, backache  
kidney stone history  
cramps, pain in urethra  
bladder leakage  
repeated bladder infections  
frequent urination

### **REPRODUCTIVE SYSTEM**

menstrual tension, cramps, PMS  
menstruation  
    delayed  
    too frequent  
    too much flow  
migraine associated with periods  
spotting between periods  
can't get pregnant; use fertility clinic  
birth control questions  
menopausal problems, hot flashes  
fibroid cysts, breast lumps  
endometriosis

vaginal pain  
yeast infection

orgasm questions  
prostate infection  
prostate enlarged  
erection difficulty  
low sperm count, low motility  
lumps on testicles

### **EARS**

hearing loss  
stuffy, pressure  
pain, itching  
chronic infection  
ringing sounds  
vertigo  
dizzy spells

### **EYES**

blurred vision  
cataracts  
glaucoma  
narrowing peripheral range  
words swim on page  
reading fatigue  
pain in/behind the eyes  
itching, burning  
insufficient tears  
frequent styes  
puffy lids  
enlarged pupils  
dyslexia and/or related difficulty  
difficulty shifting focus  
difficulty adapting to darkness

### **SKIN, HAIR, NAILS**

acne  
skin redness, rash  
skin thickening, rough patches  
yellow cast, gray, red  
dry areas, cracks, wrinkles  
itchy, painful  
fatty lumps  
warts, moles, bumps  
slow wound healing  
eczema  
psoriasis  
hives

vitiligo, non-pigmented areas  
sores around the mouth, herpes  
sores inside the mouth, canker, thrush  
tooth problems  
gum infections  
tongue - sore, too red, shiny coated, white  
spots, nervous movements  
hair doesn't grow  
prematurely gray  
hair loss on head, body  
dandruff, dry scalp  
flimsy, dull hair  
soft nails  
splitting nails  
fungus under nails  
ridged, spotted, distorted nails

### **HEART/CIRCULATION**

heartbeat: irregular, too fast/slow  
pain in the chest on exertion  
high blood pressure  
incomplete valve closure  
sudden fluttering, dizziness  
high cholesterol diagnosed  
high blood lipids  
capillary fragility  
history of stroke, heart attack, coronary  
varicosities  
dark areas on legs  
circulatory ulcerations  
circulatory insufficiency  
anemic- low hemoglobin or white cells  
low platelet  
difficulty clotting  
red cells clumping together

### **EMOTIONAL SYMPTOMS**

listless, drifting, spaced  
forgetful, confused  
depressed  
clinical diagnosis of depression  
lonely, shy  
crying spells  
fearful without cause  
angry without cause  
anxiety attacks  
clinical diagnosis of panic attacks  
feeling overwhelmed  
irritable, critical

suspicious, cynical, untrusting  
cyclic mood swings  
aimlessly active, hyped up  
clinical diagnosis of Bipolar I  
clinical diagnosis of Bipolar II  
feels like a martyr, victim  
constant self-depreciation  
clinical diagnosis of PTSD

### **ENVIRONMENTAL EXPOSURES IN EXCESS OF USUAL**

paints, paint thinners, wood stains/resin  
new rugs, mobile home  
damp, moldy surroundings, plants, books,  
kerosene  
gasoline/exhaust fumes, diesel/jet fuel  
solvents, chemical/industrial exposure  
house fumigation/routine maintenance spray  
pesticide/herbicide

### **SIGNIFICANT TRAUMA**

car accident  
other accident (sports, etc.)  
violence to the body  
animal attack, dog bite  
explosion, war, fire  
surgery  
c-section  
child abuse, verbal, physical  
abandonment, or threats of  
prolonged anger, fear, grief  
separation by death  
chemotherapy, radiation therapy  
separation by divorce  
loss of job, money, housing, lifestyle  
isolation, confinement  
adult abuse, verbal, physical

**DRUGS, SELF-PRESCRIBED**

Aspirin, Tylenol, ibuprofen  
tobacco  
alcohol, moderate use  
alcohol, more than you want  
designer drugs, MDMA  
hallucinogens, cocaine, crystal meth, marijuana  
diuretics  
diet pills  
sleeping pills  
decongestants, inhalers  
digestive aids  
other \_\_\_\_\_

**DRUGS, MEDICALLY PRESCRIBED**

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Please add/note anything else that you think  
might be helpful for us to know \_\_\_\_\_

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